

**Tear and mail membership to:**

**MHA Sumter**  
P.O. Box 1541  
Sumter, SC 29151

Name: \_\_\_\_\_

Phone: \_\_\_\_\_

Address: \_\_\_\_\_

Email: \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_

Zip \_\_\_\_\_

(Contributions are tax deductible)

**Individual Member \$10**

**Family \$25 Patron \$50**

**Business \$100 Corporate \$150**

*I decided to join the Association  
after learning about it from:*

*I do not wish to join at this time but  
please accept my donation of*

\$ \_\_\_\_\_



***Why do we need an active Mental  
Health Association in Sumter  
County....***

**According to the Mental Health  
Information Center of the National Mental  
Health Association:**

- More than 48 million Americans have a mental disorder in any given year, although fewer than 8 million seek treatment.
- During the course of any given year, more than 44.5 million adult Americans are affected by one or more mental illnesses.
- The majority of Americans (70%) rebuff the false notion that childhood mental health problems are really the result of poor parenting.
- One in every five children have a diagnosable mental emotional or behavioral disorder and up to 1 in 10 may suffer from a serious disturbance. Seventy percent of children, however, do not receive mental health service.
- More than 16 million adults age 18 to 54 in the United States suffer from anxiety disorder, which include panic disorder, obsessive-compulsive disorder, social phobia, and generalized anxiety disorder.

***Brochure layout and design provided by the students  
of Brewington Academy.***

**Mental  
Health  
Association  
in  
Sumter  
County**



*"Cast from the shackles which bound them, this bell  
shall ring out hope for the mentally ill and victory over  
mental illness."*

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## ***Mental Health Association in Sumter County (MHA) is...***

A United Way member agency, which has been serving the community for over 50 years. MHA is an affiliate of the Mental Health Association in South Carolina (MHASC), and an affiliate of the National Mental Health Association. It is the oldest and most respected volunteer agency in the country dedicated to all aspects of mental health.

### ***MHA's Mission is...***

- To improve the lives for people with mental illnesses.
- Increase awareness of mental health and to promote good mental health for the people who live and work in Sumter County.

### ***A Membership to MHA...***

- Supports services and programs for mental health consumers.
- Provides you with the opportunity to have a voice in mental health issues.
- Includes a subscription to "The Messenger", MHASC's monthly newsletter.
- ***Means so much more!***

## ***MHA's Programs and activities Include:***

### **Special Assistance for Persons with Mental Illness:**

- Special assistance for individuals making the transition to the community from institutions or community care homes. Crisis support with basic life needs such as medication, food and housing that will help consumers maintain self-sufficiency and recovery.

### **Public Awareness & Education:**

- Educational awareness events including health fairs, workshops, conferences and public speaking to promote a greater understanding of mental health issues that impact children, families, individuals and our community.
- Mental health screenings and referral services. *National Depression Screening Day!*
- Outreach and partnerships with schools, churches, the medical community and others to fill the gaps in mental health services.
- Training and Scholarships

### **Advocacy:**

- Education and awareness outreach to local, state and national policy makers to encourage informed policy decisions and legislation.
- Advocacy for individuals and groups with human services providers to ensure needed services are provided.